

Taking A-C-T-I-O-N

A-TTENTION	How will you focus your energy and resources on the action that will ensure you achieve your desired result?	
C-ONSISTENT	What are the small steps you will take daily to build and sustain momentum?	
T-ENACIOUS	When you're feeling discouraged, how will you reconnect to your determination?	
I-NNOVATE	Where can you make changes, try different approaches, create new strategies and processes?	
O-PPORTUNITY	How can you be open to situations, circumstances and conditions that are favorable to staying in action?	
N-URTURE	How will you be supportive and encouraging to yourself and reward your progress?	



WHAT ARE SOME OBSTACLES THAT COULD INTERFERE WITH YOUR STATED ACTION AND RESULT?

HOW WILL YOU REMOVE EACH OF THE OBSTACLES?

WHAT ADDITIONAL RESOURCES DO YOU NEED TO SUPPORT YOUR STATED ACTION AND RESULT?

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