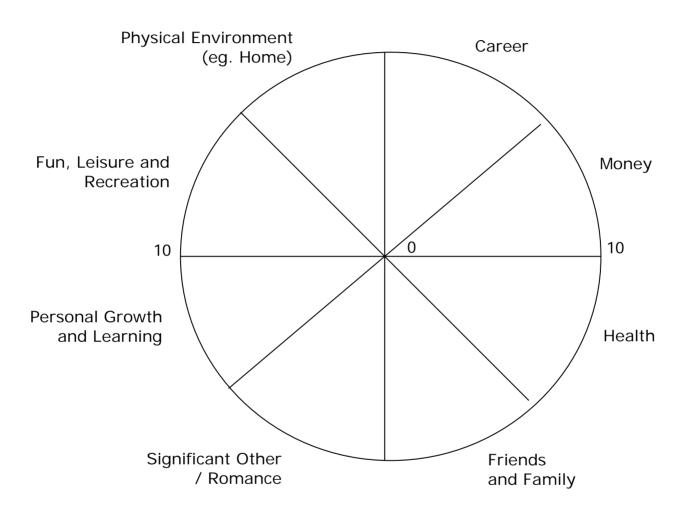


Attract Clients | Increase Profits | Enjoy Freedom

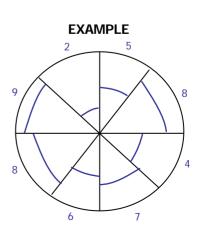
Wheel of Life



WHEEL OF LIFE INSTRUCTIONS

The 8 sections in the Wheel of Life represent balance.

- Please change, split or rename any category so that it's meaningful and represents a balanced life for you.
- ** Next, taking the centre of the wheel as 0 and the outer edge as 10, rank your **level of satisfaction** with each area out of 10 by drawing a straight or curved line to create a new outer edge (see example)
- The new perimeter of the circle represents **your** 'Wheel of Life'. Is it a bumpy ride?





Now, looking at the wheel here are some questions to ask yourself:

- Are there any surprises for you?
- How do you feel about your life as you look at your Wheel?
- How do you currently spend time in these areas?
- How would you like to spend time in these areas?
- Which of these elements would you most like to improve?
- How could you make space for these changes?
- Can you effect the necessary changes on your own?
- What help and cooperation from others might you need?
- What would make that a score of 10?
- What would a score of 10 look like?

If you'd like help in taking the next steps to create balance so that you have a business and a life you love, then this is for you!

If you'd like to benefit from my 20+ years of coaching and mentoring women to step out of uncertainty and into confidence, then you'll want to schedule your complimentary Business Breakthrough Strategy Session right now!

Act now so you don't miss this amazing opportunity – a \$350 value. It's yours free when you take action now!

Step into your uniqueness and get paid for it!