What Do I Want?
Thanks to www.petersons.com for this assessment

In addition to looking to outside sources for information, there's another rich source of data: yourself. Knowing what you want to do begins with knowing yourself—the real you. That's because the better you understand your own wants and needs, the better you will be able to make decisions about your career goals and dreams. This self-assessment inventory can help.

What do you admire most, and why?

What is your greatest strength?

What is your greatest talent?

What skills do you already have?

Describe how you currently use these skills in your life:

Athletic Ability:

Mechanical Ability:

Ability to work with numbers:

Leadership skills:

Teaching skills:

Artistic skills:

Analytical skills:

Check the areas that most interest you:

_____ Providing a practical service for people

_____ Self-expression in music, art, literature, or nature

_____ Organizing and record keeping

_____ Meeting people and supervising others

_____ Helping others in need, either mentally, spiritually, or physically

_____ Solving practical problems

_____ Working in forestry, farming, or fishing

_____ Working with machines and tools

_____ Taking care of animals

_____ Physical work outdoors

_____ Protecting the public via law enforcement or fire fighting

_____ Selling, advertising or promoting

What gives you satisfaction? Answer the following questions True (T) or False (F)

I get satisfaction not from personal accomplishment, but from helping others.
      True   False

I'd like to have a job in which I can use my imagination and be inventive.
      True   False

In my life, money will be placed ahead of job security and personal interests.
      True   False

It is my ambition to have a direct impact on other people's lives.
      True   False

It is my ambition to have a direct impact on other people's lives.
      True   False

I am not a risk-taker and would prefer a career that offers little risk.
       True   False

I enjoy working with people rather than by myself.
       True   False

I would not be happy doing the same thing all the time.
       True   False

What matters most to you?
Rate the items on the list below from 1 to 10, with 10 being extremely important and 1 being not at all important.

_____ Good Health

_____ Justice

_____ Marriage/family

_____ Faith

_____ Fame

_____ Beauty

_____ Safety

_____ Friendship

_____ Respect

_____ Accomplishment

_____ Seeing the world

_____ Love

_____ Fun

_____ Power

_____ Individualism

_____ Charity

_____ Honor

_____ Intelligence

_____ Wealth

Circle each if the skills below that you would rate yourself with an A or B skill level AND that you enjoy doing!

achieving	typing	sorting
advising	unifying	supplying
ascertaining	verbalizing	taking instruction
budgeting	writing	tending
classifying	acting	traveling
completing	analyzing	umpiring
conserving	assembling	uniting
coping	building	washing
delivering	coaching	adapting
developing	composing	anticipating
discovering	consolidating	assessing
distributing	counseling	calculating
editing	designing	collecting
estimating	devising	computing
explaining	dispensing	constructing
filing	diverting	creating
generating	eliminating	detailing
having responsibility	evaluating	diagnosing
illustrating	expressing	displaying
increasing	following	dramatizing
inspecting	getting	empathizing
integrating	heading	examining
inventorying	imagining	extracting
learning	influencing	formulating
maintaining	inspiring	giving
meeting	interpreting	helping
motivating	investigating	implementing
offering	lecturing	informing
overseeing	making	installing
photographing	memorizing	interviewing
processing	navigating	judging
proof-reading	operating	lifting
questioning	painting	managing
receiving	piloting	mentoring
reducing	prescribing	negotiating
rendering	producing	ordering
resolving	predicting	perceiving
risking	raising	planning
separating	recommending	presenting
shaping	referring	programming
solving	reprinting	providing
supervising	responding	reading
systematizing	scheduling	reconciling
telling	serving	rehabilitating
translating	sharing	reporting

restoring
selecting
setting
showing
speaking
symbolizing
talking
testing & proving
treating
understanding
upgrading
weighing
addressing
arbitrating
attaining
charting
communicating
conceptualizing
controlling
deciding
detecting
digging
disproving
drawing
enforcing
expanding
filing
founding
guiding
hypothesizing
improving
initiating
instituting
intuiting
keeping
listening
manipulating
modeling
observing
organizing

performing
playing
printing
projecting
publicizing
realizing
recording
relating
representing
retrieving
selling
setting-up
singing
studying
synergizing
teaching
training
trouble-shooting
understudying
using
winning
administering
arranging
auditing
checking
compiling
conducting
coordinating
defining
determining
directing
dissecting
driving
establishing
experimenting
financing
gathering
handling

identifying
improvising
innovating
instructing
inventing
leading
logging
mediating
monitoring
obtaining
persuading
predicating
problem-solving
promoting
purchasing
reasoning
recruiting
remembering
researching
reviewing
sensing
sewing
sketching
summarizing
synthesizing
team-building
transcribing
tutoring
undertaking
utilizing
working

Next, list your skills according to these categories"

Physical	Mental	Dexterity	Artistic	Alone	People	Other

What trends can you identify?

What types of work come to mind that will optimize your skills AND give you joy?

What action are you willing to take to make your skills more integrated into your life?

If you'd like to benefit from my 20+ years of coaching and mentoring women to step out of uncertainty and into confidence, then you'll want to schedule your complimentary **Business Breakthrough Strategy Session** right now!

Act now so you don't miss this amazing opportunity – a $350 value. It's yours free when **you take action now!**

Step into your uniqueness and get paid for it!