



To get different results... ask different questions.

Susan Bock

10th Edition - 2018



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Introduction:

Questions, questions, questions – I love to ask questions. Why? Because I read the book *The Why Café* by John Strelecky and it changed my life. I learned that there was so much more to me than what I thought. As I began questioning my beliefs, I realized just how limiting my belief system was and how it held me hostage. It was time to break free and live the life I had dreamed about while never believing that I was worthy of that life.

Looking back to where I was a few short years ago compared to where I am today, is mind-boggling! I had no idea that changing my beliefs, attitude and perceptions could revolutionize my life. Are you ready to be more than you are?

You are reading the 6th edition of *25 Questions That Can Change Your Life*. Each edition incorporates new questions that I have asked myself in the previous year. If you are happy with yourself, your life, your profession, your manner of being, then this book is not for you. If you find you are discontent, interested in venturing into new territory, and are compelled to release your hidden talents, then this is a terrific book for you.

A word of caution; when you find yourself grasping for an answer, that's ok. In fact, that is terrific! If you begin to squirm, fantastic. Should you feel uncomfortable or even a bit defensive? Excellent. That means you are challenging your limiting beliefs and are prepared to move beyond where you are. That's growth. Give yourself permission to *sit with the question*. Invite the question to reside in your subconscious for a time and see what emerges. You may be surprised at what surfaces. That is part of the fun!

We have become so accustomed to the immediate solution, the quick fix, the 140-character response. When it comes to the weighty questions in our lives, it is imperative we resist the temptation of the fastest/quickest/shortest answer. Otherwise, you will be denying yourself the wonderful experience of self-awareness, self-discovery and the incredible awakening that is just around the corner, waiting patiently for you...it's called your future!

I invite you to consider the time you devote to these questions as an investment in yourself – you are worth it, you deserve it and you will be the beneficiary!

Your success is waiting for you –
Unlock the door
Turn on the light





1. What three goals have you wanted to pursue but haven't acted on?
 - How will you feel if you take action toward achievement?
 - What has kept you from taking action?
2. What is your definition of success at this stage of your life and are you actively pursuing it?
3. What would it look like to have your business operating the way you want?
4. What vision do you have for your life and/or business when it reaches its pinnacle?
 - What do you need to do to get there?
 - How much is it costing you to ignore this?
5. If you were financially independent, how would you spend your time?
6. What are you missing by not pursuing your dream?
7. Where will you be one year from now if you remain on your current path?
 - Is that where you want to be?
 - What's holding you to this path?
 - What are you willing to release to take a new path?
8. How does your vision for your future differ from your present reality?
9. What could you do with your life that is "really" important?
10. What 5 things do you want to do, see or experience before you die?
11. What do you want to be different in your life?
12. What do you say to yourself for encouragement?
13. What are your talents and strengths?

14. If you could do/be anything you wanted, what would that be?
15. What would it look like if everything were perfect for you?
16. What is standing in your way?
17. Describe what these words mean to you:
 - Wealth
 - freedom
 - financial independence
18. What other definitions would be helpful for you to have?
19. How do you foster your own development?
20. What's so important to you that you would give up everything to focus on it?
21. How would you finish these sentences?
 - I'm becoming the kind of person who.....
 - I would like to be.....
 - I am most successful when.....
 - I get angry when.....
 - My relationship to authority is.....
 - What I like best about myself is.....
22. What are you afraid of doing..
 - Physically?
 - Emotionally?
 - Financially?
 - Professionally?
23. How could you set up a situation where you could do what you just described and build in some safety?

24. What would working through this task give you the confidence to do next?
25. What would provide you with the most enduring sense of meaning in the rest of your life?

For the over-achievers in the crowd, or if you still want more, treat yourself to these bonus questions!

1. Do you judge others by a higher or lower standard than you use to judge yourself?
2. For what in your life do you feel most grateful?
3. If you could change anything about yourself, what would it be? Can you make this change alone or what help/support do you need to make this change?
4. List the 3 most important issues facing you this year.
 - What are you doing about these issues?
 - What help do you need to resolve these issues?
 - What is holding you back from taking action?
5. What limitations are you placing on your thinking, planning and actions?
 - How else can you think about this?
 - Are you being honest with yourself?
 - What is useful about this?
 - What can you learn from this?
6. What keeps you from being more than you are; from tapping into your inner power and resources?
7. How can you bring your best strengths to work on your current problems/issues/concerns?



With your input and suggestions, **25 Questions that can change your Life!** gets better each year. Your questions could be just what someone else needs to hear so help make the 2019 edition even better - it only takes a moment to change a life.

Please email your questions to Susan@SusanBock.com

Subject line: Questions for 25 Questions

When you ask different questions, you experience different results. Then you'll want to schedule your complimentary [EXPLORE | EXPAND | ENRICH](#) session with me.

This is my gift to you and during this discovery session you'll learn specific actionable steps you can start taking immediately!

Schedule your session now so you don't miss this amazing opportunity – a \$250 value.

Click here: <https://meetme.so/SusanBock> Click on the first option Explore Expand Enrich.

You only have one future, so make it the best you can imagine!



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Have Questions? Give me a call 714-847-1566

Or send me an email: Susan@SusanBock.com

A special thank you to my editor, who consistently provides me with encouragement, inspiration, and opportunity to laugh at myself