

How Honest Are You With Yourself?

1. Do I do what I say I'm going to do?
Never Sometimes Often Always
2. When I don't do what I say I'm going to do, do I make excuses?
Never Sometimes Often Always
3. Am I responsible and reliable; can people count on me to get things done?
Never Sometimes Often Always
4. Do I blame others?
Never Sometimes Often Always
5. Do I own my own mistakes?
Never Sometimes Often Always
6. Do I apologize for my mistakes?
Never Sometimes Often Always
7. Do I make amends for my mistakes in a way that demonstrates I accept responsibility?
Never Sometimes Often Always
8. Once I realize that I can't do what I said I was going to do, do I communicate that in a timely, truthful fashion to the other party?
Never Sometimes Often Always
9. Do I inquire about the other party's needs, wants, beliefs, feelings?
Never Sometimes Often Always
10. Do I listen to others on a deep level so that I understand how my behavior impacts them?
Never Sometimes Often Always
11. Am I a fair in my dealings with others?
Never Sometimes Often Always
12. Do I act motivated by justice?
Never Sometimes Often Always

13. Do I cheat if I think I can get away with it?
Never Sometimes Often Always
14. Do I have faith and confidence in my ability to deliver?
Never Sometimes Often Always
15. Do I tell the truth?
Never Sometimes Often Always
16. Do I know how to present difficult messages truthfully in a way they can be hard?
Never Sometimes Often Always
17. Do I know how to manage the timing when I have to deliver a difficult message?
Never Sometimes Often Always
18. Do I keep confidences; can people count on me to keep what they tell me confidential?
Never Sometimes Often Always
19. Do I stand up for others; can I be counted on to have someone's back?
Never Sometimes Often Always
20. Do it quietly throw others under the bus to position myself better?
Never Sometimes Often Always
21. Do I put myself first, above everything and everyone else?
Never Sometimes Often Always
22. Do I have a set of moral guiding principles to which I adhere?
Never Sometimes Often Always
23. Do I bend the rules according to my needs?
Never Sometimes Often Always
24. Do I act in a highly professional manner?
Never Sometimes Often Always
25. Do I feel that my actions are honorable?
Never Sometimes Often Always

What steps will you take to enhance your level of personal honesty in order to create a foundation on which you can develop solid relationships throughout the year, thus increasing your leadership ability?

What do you need to do differently?

1.

2.

3.

4.

What needs to change?

1.

2.

3.

4.

How will you make that change?

1.

2.

3.

4.

When I stopped believing the lies I told myself, I met the person I am today. It was a journey that taught me whether I believed I could or believed I couldn't, I was right.

What do you believe? Do you believe you can have a business you love?

If you're ready to start believing in yourself, then you'll want to schedule your complimentary [Business Breakthrough Strategy Session](#) right now! This is my gift to you and during this discovery session you'll learn specific actionable steps you can start taking immediately!

You only have one future, so make it the best you can imagine!



Susan

A special thank you to my editor, who consistently provides me with encouragement, inspiration, and opportunity to laugh at myself.