

How *Flexible* Are You?

Self-assessment from *The EQ Edge* by Stein and Book

Answer the following questions with **Always**, **Usually**, **Sometimes**, **Infrequently**, **Rarely** or **Never**.

_____ When you eat out, do you order the same things?

_____ Do you find yourself doing (or not doing) innocuous things because they might bring you bad luck?

_____ Do you tend to get upset over little things such as not being able to see a movie you would like to see?

_____ Do others tend to call you a back-seat driver?

_____ Are you the kind of person who likes everything in its place and a place for everything, either at work or at home?

_____ Do you avoid trying new things?

_____ **Total**

Scoring:

A minus 4 **U** minus 2 **S** zero **I** plus 2 **R** plus 6 **N** plus 4

If your score is in the negative, you might wish to examine whether you are sufficiently flexible.

Questions for your consideration:

How is inflexibility impacting your: Time? Energy? Productivity? Relationships? Money? Health?

If your score is in the positive, you can consider yourself flexible enough.

When I stepped into the entrepreneurial world over 20 years ago, (wow - that's a long time!!) tons of limiting beliefs and inflexibilities came to the surface. Disconnecting from those restrictive beliefs and behaviors gave me the freedom to create the future I craved and that included having a profitable business.

Now it's my joy to help women just like you, launch and grow a profitable business. If you want to learn how, schedule your complimentary [Business Breakthrough Strategy Session](#) right now!

Don't wait as this offer will end soon. These sessions are priced at \$350 on my website. For you, today, I'm gifting it to you for free. And I promise, there won't be any hard sell, high pressure sales tactics. That's so *not* my style!

Your ideal clients need what only you can offer!



Susan

Step into your uniqueness and get paid for it!