



Are You the **Champion** of You and Your Business?

The term “champion” suggests overcoming all challenges, being an advocate or defender. It’s equal parts of attitude and action. To be the champion is a daily commitment and a mindset that requires vigilance because it’s so easy to become distracted, dissuaded or discouraged.

Take this short quiz to see whether you’re being the Champion for you, your life and your business.

1. I don’t let “reasons or excuses” stand in my way of getting the job done. If something isn’t working, I find another way that will.

True False

2. I don’t let the fact that something is “difficult or hard” stop me. In fact, I usually do the hardest things first.

True False

3. Once I’ve made a choice or decision, I do whatever it takes (ethically) to accomplish my goals. It’s all about taking action.

True False

4. When a task seems daunting or feels overwhelming, I break it down into simple, doable steps and focus on one step at a time.

True False

5. My mood doesn’t determine what I get accomplished. For example, if I’ve committed myself to creating social media posts on Friday for the upcoming week, I don’t let “not being in the mood” be an excuse for not meeting the commitment.

True False

6. When I feel fear, I determine if it’s real (threatening or unsafe situations) or if it’s perceived. When fear resides in perception, I take action because I don’t let fear govern my life.

True False



7. I know that others face obstacles and somehow overcome them, and that inspires me to be even more determined to overcome obstacles I encounter.

True False

8. I'm aware that the biggest obstacles I face are the negative statements that can crop up in my own mind, such as: "I'm not worthy" or "I'm scared" or "I can't" or "It's beyond me" or "I'll fail."

True False

9. If I don't know what it will take to accomplish my goals, I find out.

True False

10. I feed and monitor my energy—physical, mental, emotional—so that I can consistently perform at my peak.

True False

11. When something needs to get done, I turn a laser focus onto it until it's completed.

True False

12. I take the time to celebrate little and big achievements. This personal acknowledgement feeds my soul and gives me strength to strive for the next level.

True False

13. If it's something I really want, nothing can stop me. Failure is not an option.

True False

Proceed to the next page.



If you answered true eight or fewer times, I can help you explore how you can become the champion of you and your business.

I invite you to a [Business Breakthrough Strategy Session](#) with me.

Schedule your session now – before time runs out. Act now so you don't miss this amazing opportunity – a \$350 value. **It's yours free** when you take action now and schedule your time.

Your ideal clients need what only you can offer!



Step into your uniqueness and get paid for it!