

Susan Bock

Happiness is an inside job



It took me decades, several crisis's and considerable pain before I discovered I could not purchase, or order happiness from Amazon! Happiness was not to be demanded, acquired, achieved, or earned.

When I acknowledged this fact, accepted it and integrated it into my belief system, I had a 'psychic' shift...a shift that affected me mentally, spiritually and physically.

At that moment, I knew, in my very soul, that *Happiness is an inside job.*

My intention is to share what I've learned and talk about how you might apply this knowledge to achieve similar results.

On the third Thursday of each month at 5:00 pm Pacific Time, I host an interactive teleclass to guide you on your path to discovering how you, too, can thrive on the happiness within.

I invite you to join me.

Click on this link to sign up and received the call info.

<http://susanbock.com/happiness-is-an-inside-job-teleclass/>

"Whether you believe you can, or believe you can't, you are right."
Henry Ford

Describe three great successes you have achieved in your life.

"Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve."
Mary Kay Ash

What makes you happy, gives you joy, energizes you?

When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left, and could say, "I used everything you gave me."
Erma Bombeck

What could move you one-step closer to living your vision?